

Early bird registration gets the reward! Save 40% when you pre-register for fitness classes!

Pay only \$6 per class when you pre-register for a 5/6-week fitness program session.
Offer ends two (2) days before the start of the fitness program.

Drop-in to your favourite registered fitness class!

Fitness classes will no longer be cancelled due to low enrollment. Guests are now able to drop-in to a variety* of fitness classes with the purchase of a punch or day pass using the following steps:

1. Save your spot by registering online or in person on or after 8 p.m. on the evening before the class starts. Drop-in registration will close 15 minutes before the class begins.
To register online you will need an online account. Contact [Guest Services](#) during business hours to set up your online account. *Drop in registrations will not be accepted over the phone or email.*
2. Payment of a punch or day pass is due prior to the start of the class.
3. Check in at Guest Services to make payment and receive a wristband and drop-in access card.

Another Perk For Abbey Centre Members! Members can drop in to any eligible fitness class at no charge! Please follow steps 1 and 3 above to book your spot.

How does it work? Here are some helpful Q&A's to explain:

Q: Can I register a drop-in spot for my friend?

A: No, you can only register yourself for a spot in the class.

Q: How much do Abbey Centre members pay for a drop-in class?

A: Drop-in access is **free** for Abbey Centre members who have an active membership. Members must still register to secure their spot.

Q. Do Abbey Centre members still need to get a wristband and drop-in access card?

A. Yes, all drop-in access participants need a wristband and drop-in access card to show the instructor.

Q: How do I pay for drop-in access and when is payment due?

A: Payment is due any time before the class starts. You will be given a wristband and drop-in access card as proof of payment.

Q: What if I am late for the class?

A: Only those who pre-registered for the full 5/6 week session can attend the class if they are late. You will not be granted late access if you registered as a drop-in.

Q: What if I am unable to make it to the class and I registered for drop-in access?

A: If you are unable to attend the class, please contact Guest Services so they can free up your spot. To cancel your spot, you may stop by the Guest Services desk or contact them by calling 403.885.4039 or email guestservices@blackfalds.com.

*Please note that not all registered classes have drop-in access. Please check the [programs calendar](#), [online registration system](#), or Program & Activity Guide to see what classes are available for drop-in.