



Drop-In Fitness Classes & Fitness Centre Orientations

JANUARY CANCELLATIONS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Abbey Hours 11-5 pm NO FITNESS CLASSES	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Winter Program Guide Now Available! Registration for Programs Started December 1st

Check out the Variety of Classes Offered for the New Year

Abbey Centre

4500 Womacks Rd

403.885.4039



BLACKFALDS
ALBERTA

www.blackfalds.com/abbeycentre